<u>My Homecare Checklist</u>

Arrange your care needs assessment - this will establish the level of support you need and give you important points of discussion to cover with potential care providers.

Make a list of trusted providers - you can search care providers' directories to find information about the care agencies that operate in your area and the range of homecare services they offer.

Check for CQC ratings to shorten your list - you'll find it easier to pinpoint the care services and agencies whose values mirror what is most important to you.

<u>Reach out to the agencies on your shortlist - our advice</u> is to meet with your selected agencies in your home so both you and the agency can establish suitability in the early stages.

Make a list of questions ahead of your meeting organise your thoughts and highlight what is most important to you, or the person you are searching for care for.